

Monday

Wednesday

Friday

Saturday



Activity	Time	Day
9:30am Tai Chi with Rita (WC)	8:45am Walking club(Meet Out Front) (BP)	8
10:00am King Soopers Trip 1*	9:00am Medical	7
10:30am Mindfulness Meditation Streaming (T)	9:30am Cardio Dance/ Zumba (WC)	6
10:40am King Soopers Trip 2*	10:15am Making Jewelry with Rita (AR)	5
3:00pm Word Puzzles (SelfLed) (SL)	10:30am Kindness Coloring (SL)	4
7:00pm Movie: 'Fury' Tubi	2:00pm All Residents	3
	8:45am Walking club(Meet Out Front) (BP)	2
	9:00am Medical	1
	9:30am Trivia & Snacks w Nick (CR)	0
	10:00am Outing: Angies Restaurant Littleton*	-1
	1:30pm Bingo (CR)	-2
	3:00pm Crossword Puzzles (CR)	-3
	10:00am Bible study with Joel Fuller (B)	-4
	1:00pm Catholic Rosary (CR)	-5
	2:30pm Fun Facts &	-6

● 9:30am Tai Chi with Rita (WC)	● 8:45am Walking club(Meet Out Front) (BP)	● 8:45am Walking club(Meet Out Front) (BP)	● 9:30am Walking club(Meet Out Front) (BP)
● 10:00am King Soopers Trip 1*	● 9:00am Medical Transportation *	● 9:00am Medical Transportation *	● 9:00am Medical Transportation *
● 10:30am Mindfulness Meditation Streaming (T)	● 9:30am Cardio Dance/ Zumba (WC)	● 9:30am Weight Workout (WC)	● 9:30am Strength with Legacy
● 10:40am King Soopers Trip 2*	● 10:00am Legacy - Blood Pressure Clinic (CR)	● 10:30am Trivia & Snacks w (WC)	● 10:00am Bible study with Joel Fuller (B)
● 3:00pm Ice Cream Sundays (Home Instead)' (CR)	● 10:30am Kindness Coloring (SL)	● Nick (CR)	● 10:30am Art with Vanessa (AR) (CR)
● 7:00pm Movie-' The Family	● 2:00pm Game: Rummikub	● 1:30pm Bingo (CR)	● 1:00pm Catholic Mass (CR)

[illegible]

8	9	10
8:45am Walking club(Meet Out Front) (BP) 9:30am Weight Workout (WC) 10:30am Trivia & Snacks w Nick (CR) 11:30am Outing: Angies Restaurant Littleton* 1:30pm Bingo (CR) 3:00pm Crossword Puzzles (CR) 7:00pm Movie- "Ticket to Paradise" Peacock (T)	8:45am Walking club(Meet Out Front) (BP) 9:00am Medical Transportation * 10:30am Strength with Legacy 10:00am Bible study with Joel Fuller (B) 1:00pm Catholic Rosary (CR) 2:30pm Fun Facts & Refreshments (CR) 7:00pm Movie- "Thank You, I'm Sorry" N (T)	8:45am Walking club(Meet Out Front) (BP) 9:30am New Resident Orientation (CR) 10:00am Canasta (SL) 10:30am Morning Exercise w Nick (WC) 12:30pm Jeffco Library Book Mobile (BP) 2:45pm Happy Hour with Marquis M. (DR) 6:00pm Poker Night (SL) 7:00pm Movie- "Casino Royal" Tubi (T)

15	8:45am Walking club(BP)	8:45am Walking club(BP)
	Meet Out Front(BP)	Meet Out Front(BP)
	9:00am About Town: Black Hawk (The Lodge) *	9:00am Medical Transportation *
	(Weather Permitting)	9:30am Strength with Legacy
	9:30am Weight Workout (WC)	10:00am Bible study with Joel Fuller (B)
	10:30am Trivia & Snacks w Nick (CR)	10:30am Art with Vanessa (AR) (CR)
	1:30pm Bingo (CR)	1:40pm Catholic Mass (CR) (CR)
	7:00pm Movie-"Gunpowder Milkshake" N (T)	2:30pm Fun Facts & Refreshments (CR)
16	8:45am Walking club(BP)	8:45am Walking club(BP)
	Meet Out Front(BP)	Meet Out Front(BP)
	10:00am Canasta (SL)	10:00am Morning Exercise W Nick (WC)
	10:30am	2:45pm Happy Hour with Ethan Hall (DR)
		6:00pm Poker Night (SL)
		7:00pm Movie-"Ordinary Angels" Pearcock (T)

9	8:45am Walking club(Meet Out Front) (BP)	8:45am Walking club(Meet Out Front) (BP)
	9:00am Medical Transportation *	9:30am New Resident Orientation (CR)
	9:30am Strength with Legacy	10:00am Canasta (SL)
	10:00am Bible study with Joel Fuller (B)	10:30am Morning Exercise w Nick (WC)
	1:00pm Catholic Rosary (CR)	12:30pm Jeffco Library Book Mobile (BP)
	2:30pm Fun Facts & Refreshments (CR)	2:45pm Happy Hour with Marquis M. (DR)
	7:00pm Movie: "Thank You, I'm Sorry" N (T)	6:00pm Poker Night (SL)
		7:00pm Movie- " Casino Royal" Tubi (T)
10		
11		

16

- 8:45am Walking club(Meet Out Front) (BP)
- 9:00am Medical Transportation *
- 9:30am Strength with Legacy
- 10:00am Bible study w th Joel Fuller (B)
- 10:30am Art with Vanessa (AR) (CR)
- 1:00pm Catholic Mass (CR) (CR)
- 2:30pm Fun Facts & Refreshments (CR)

17

- 8:45am Walk ng club(Meet Out Front) (BP)
- 10:00am Canasta (SL)
- 10:30am Morning Exercise W Nick (WC)
- 2:45pm Happy Hour with Ethan Hall (DR)
- 6:00pm Poker Night (SL)
- 7:00pm Movie- "Ordinary Angels" Peacock (T)

18

- 8:45am Walking club(Meet Out Front) (BP)
- 9:30am Garden Club (BP)
- 10:15am B-I-N-G-O (CR)
- 2:00pm Games: Jeopardy (CR)
- 7:00pm Movie-"USA on the Road" Tubi (T)

10	8:45am Walking club(	8:45am Walking club(
	Meet Out Front) (BP)	Meet Out Front) (BP)
	9:30am New Resident	9:30am Garden Club (BP)
	Orientation (CR)	10:15am B-I-N-G-O (CR)
	10:00am Canasta (SL)	2:00pm Beer Tasting &
	10:30am Morning Exercise	Chat (CR)
	W Nick (WC)	3:00pm Games: Residents
	12:30pm Jeffco Library	Choice (Resident Led) (SL)
	Book Mobile (BP)	7:00pm Movie-"It's
	2:45pm Happy Hour with	Dorothy!" Peacock (T)
	Marquis M. (DR)	
	6:00pm Poker Night (SL)	
	7:00pm Movie-" Casino	
	Royal" Tubi (T)	

17

- 8:45am Walk ng club(Meet Out Front) (BP)
- 10:00am Canasta (SL)
- 10:30am Morning Exercise W Nick (WC)
- 2:45pm Happy Hour with Ethan Hall (DR)
- 6:00pm Poker Night (SL)
- 7:00pm Movie- "Ordinary Angels" Peacock (T)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:30am Red Rock Church Streaming (T)(YT) (T) 1:00pm Canasta & Chicken-Foot (OPTIONAL) (SL) 3:00pm Church Services with Joel Fuller (B) 7:00pm Movie- "Grantchester" Season 1 Episode 4 N (T)	20 9:30am Tai Chi with Rita (WC) 10:00am King Soopers Trip 1* 10:30am Mindfulness Meditation Streaming (T) 10:40am King Soopers Trip 2* 3:00pm Word Puzzles (Self Led) (SL) 7:00pm Movie- "Book Club" Peacock (T)	21 9:00am Medical Transportation * 9:30am Cardio Dance/ Zumba (WC) 10:30am Kindness Coloring (SL) 2:00pm Game: Mah-jong (CR) 7:00pm Movie- "Society of the Snow" N (T)	22 9:00am Outing: Littleton Museum* 9:30am Weight Workout (WC) 10:00am Zenangle art (Home Instead) (CR) 10:30am Trivia & Snacks w Nick (CR) 1:30pm Bingo (CR) 7:00pm Movie- "The Water Horse" Tubi (T)	23 8:00am Coffee & Conversation w Joya (CR) 9:00am Medical Transportation * 9:30am Strength with Legacy Fuller (B) 10:00am Bible study with Joel 1:00pm Catholic Rosary (CR) 2:30pm Pizza Making* (CR) 7:00pm Movie- "Zookeeper's Wife" Peacock (T)	24 10:00am Canasta (SL) 10:30am Morning Exercise W Nick (WC) 12:30pm Jeffco Library Book Mobile (BP) 2:45pm Happy Hour with Daniel O'TT (DR) 6:00pm Poker Night (SL) 7:00pm Movie- " Ladies First" N (T)	25 9:30am Garden Club (BP) 10:15am B-I-N-G-O (CR) 2:00pm Cornhole (Outside weather permitting) (BP) 3:00pm Games: Residents Choice (Resident Led) (SL) 7:00pm Movie- "Monumental Spain" Tubi (T)
26 10:30am Red Rock Church Streaming (T)(YT) (T) 1:00pm Canasta & Chicken-Foot (OPTIONAL) (SL) 3:00pm Church Services with Joel Fuller (B) 7:00pm Movie- "Grantchester" Season 1 Episode 5 N (T)	27 9:30am Tai Chi with Rita (WC) 10:00am King Soopers Trip 1* 10:30am Mindfulness Meditation Streaming (T) 10:40am King Soopers Trip 2* 2:00pm Book Club (Discussion / pickup books) (P) 3:00pm Word Puzzles (Self Led) (SL) 7:00pm Movie- " Terms of Endearment" Peacock (T)	28 9:00am Medical Transportation * 9:30am Cardio Dance/ Zumba (WC) 10:30am Kindness Coloring (SL) 1:30pm Chef Chat (CR) 3:00pm Happy Hour (Home Instead) (CR) 7:00pm Movie- "True Grit" Tubi (T)	29 9:30am Weight Workout (WC) 10:00am Outing: Arc Thrift Store* 10:30am Trivia & Snacks w Nick (CR) 1:30pm Bingo (CR) 4:30pm Pizza Party* (CR) 7:00pm Movie- " Treasure" N (T)	30 9:00am Medical Transportation * 9:30am Strength with Legacy 10:00am Bible study with Joel Fuller (B) 1:00pm Catholic Rosary (CR) 2:30pm Fun Facts & Refreshments (CR) 7:00pm Movie- "Little House on the Prairie" Peacock (T)	31 10:00am Canasta (SL) 10:30am Morning Exercise W Nick (WC) 2:45pm Happy Hour with Rick Iracki (DR) 6:00pm Poker Night (SL) 7:00pm Movie- "Visit Hawaii" Tubi (T)	
Emotional Entertainment Inspired Intellectual Involved Outings Physical Social Spiritual	CR = Community Room T = Theatre D = Dining Room WC = Wellness Center SL = Sky Lounge BI = Bistro BP = Back Patio LI = Library O = Outing (sign-up) P = Parlor M = Mezzanine AR = Art Room	Happy Birthday to: Charles S. – 2nd Lindie W. – 7th Janine H. – 8th Lenny L. – 8th Fred S. – 9th Richard B. – 14th Lucille M. – 14th Linda C. – 18th Nancy C. – 19th Mike M. – 21st	Lakeview Senior Living 7390 W. Eastman Place Lakewood, Colorado 80227 (303) 988– 2848			